

## Juniors/Cadets 2019 – Week 4, Term 1

### **100 Club – Saturday 23rd February**

Thanks to the **Collier** family for doing the 100 Club this week.

### **Juniors On The Move (JOM)**

The information for this year's program was handed out on Wednesday to Cadets. A reminder that the Catalina Junior Committee has agreed to reimburse 50% of the entry fee to all Catalina Cadets. Also, the \$100 can be paid using the Gov't Active Kids voucher.

### **Sunday Fundays – Sunday 17<sup>th</sup> March**

2019 will see the return of "Sunday Fundays" with the first event to be held on March 17. These are a nine-hole event on a Sunday afternoon for the whole family to play. More details to come but put the date on your calendar.

### **Junior Fundraising BBQ – 26<sup>th</sup>, 27<sup>th</sup> & 28<sup>th</sup> April**

Cadet Master Bart is organising a BBQ during the Batemans Bay Open with all proceeds going to our Junior fund. We are asking for parents to help out for an hour or two if possible. Please contact Bart if you have any questions or are able to help.

Email: [bartnpam@gmail.com](mailto:bartnpam@gmail.com) Phone: 0409 394 416

### **Wednesday Cadets – Wednesday 27th February**

We had a wonderful attendance of 24 Cadets and 2 Juniors this week.

Mal started on the range with **Isabella, Zane, Jake, Dylan** and **Ethan** and worked on hand eye coordination and follow through.

The second group of **Nicholas, James, Xavier** and **Robert** worked on improving their grip. **James** was really excited about how far he was hitting the ball after the improvement.

These two groups rotated to chipping activities with me. We played a few different activities concentrating on getting the ball in the air and controlling the distance the ball went. The first group of **Nick, James, Xavier** and **Robert** were very competitive and were controlling their shots very quickly. **Xavier** was the star of the afternoon and hardly hit a bad shot at all.

The second group of our newest Cadets – **Isabella, Zane, Jake, Dylan** and **Ethan** did the same activities with the help of a tee to get the ball in the air. They did a great job for their first time chipping, with **Zane** the winner just a couple of points ahead of **Jake**.

**Keith** and **Thor** played holes with Rob. **Keith** was driving the ball well while **Thor** was doing very well around the greens.

**Lucas, Kasper** and **Haisu** honed their putting skills for the first 15 minutes, before moving to the nets with Cadet Master Keith, where they were encouraged to strive for clean hits on the ball. They listened to many 'skinny' hits, a couple of 'fat' hits and then a growing number of clean strikes on the ball. Well done boys for good concentration.

**Lucas, Kasper** and **Haisu** then played holes 1,2,6, and 7. **Kasper** had a great start where he was nearly on the 1<sup>st</sup> green for 3 shots!! **Kasper** had his eye in all day on putting and gave us all a lesson in good putting; a smooth stroke and not letting the head lift. **Haisu** hits with a lot of power and good distance but unfortunately many shots went right. It would be good to control that power and work towards getting the ball on a straight flight path. **Lucas** kept improving as the holes progressed. We worked on not letting the mind 'freeze' between the practice swings and the shot. The thought for the day for **Lucas** was do the practice swings, then step up and hit, and his game improved. The highlight for **Lucas** was a chip over the bunker from within the trees onto the sixth green. Well done **Lucas!** **Lucas** won the prize for this group.



Cadet Master Beth's report follows:- "**Julian, Sophie** and **Max** were keen to play holes 8 and 9 after they had played 1,2,3,& 7 so it was a bit of a rush to finish. **Sophie** hit the best bunker shot I've seen, she was under the lip of the bunker, she struck the ball so well and it landed about 8 feet from the pin. They all kept their scores well. **Julian's** concentration was excellent and he hit the ball a long way. Both he and **Sophie** recovered really well when they had a few shots off line. **Max** had a lot of good shots but lost direction with some of his shots hence the bigger score.

**Brianna, Lily** and **Kruz** worked with Helen and played 3 holes. **Lily's** excellent hitting on the course gave her the best score. They followed up with some practice chipping to a target, which they all did very well before a putting comp to finish. Helen was really impressed with how well they could putt when they took the time to line up and think about the pace of the putt.

Graeme accompanied **Bill, Jacob** and **Jonathan** on 6 holes, which they got through before 5:00 pm due to their pace of play and movement between shots which was excellent. **Bill** putted for par on four holes, birdie on one and bogey on the last for 31 strokes and a pretty good effort. **Jacob** is still working on Mal's corrections for his tee shots and long irons, and this is coming along. His putting, approach shots and chipping have improved significantly, and he plays aggressive and encouraging shots close to and on the greens. **Jonathan** has a good simple swing and hit some very good shots when he slowed it down a little. He has a natural sense of how to set up and where to aim. His chipping is reasonably precise and his putts are always directed to the hole.



Cadet Master Sandra took **Sophie, Neve** and **Bronte** out, playing 3 holes. **Bronte** and **Neve** hit some really good balls while **Sophie** struggled a little - too much time away enjoying her holidays!

All girls needed work on their chipping and putting so they practiced this on the last hole before more putting practice at the putting green.

Sandra was very impressed with the way the girls marked their cards. Well done girls!

### **Junior Clinic – Friday 1st March**

**James, Sophie** and **Lachlan** attended this week and all worked separately on specifics related to their individual swings. **Sophie** was hitting the ball consistently well with hardly a mistimed ball all afternoon.

A reminder to the invited, advanced Cadets that they are welcome to attend on Fridays, provided they contact the Pro Shop during the week and book in. It was great to see **Lachlan** taking up this opportunity this week.

Good golfing,

Marg